



TE AWA
Lifecare Village

TE AWA

March 2025

PARTYLINE



A word from Nikki

March has been a whirlwind at Te Awa Lifecare as we gear up for the Autumn Festival! As a major sponsor, we're thrilled to be part of this fantastic event. It kicked off with La Voce o Rotorua, followed by the legendary Michael Houstoun—both sell-outs. The Te Awa Lifecare Main Street Carnival and Art Market brought a vibrant weekend, and now we look forward to Hammond Gamble and a homegrown country music night to wrap things up!

Meanwhile, work on the Hobby Shed is well underway. Tools have been ordered, and after much fine-tuning, we're now on version four of the health and safety policy!

We also had some special guests at Happy Hour, with Mayor Susan O'Regan, Waipa District Council CEO Steph O'Sullivan, and Cambridge Community Board Chair Jo Davies-Colley join us. They enjoyed meeting our residents and hearing their thoughts – especially about the 14 traffic calmers (speed bumps) between Te Awa and the library! Roadworks sparked some lively discussions, and they've promised to take our feedback on board.

Elsewhere, culvert work is progressing at the bottom of the farm to improve access to Stages 5 and 6.

Looking ahead to April, we'll be encouraging residents to prioritise their health with flu vaccinations – another busy month on the horizon!

Warm regards – Nikki

Wandering Waiheke: A walk to remember

Mandy, armed with a sense of adventure, set off with a couple of residents to explore a walking track on Waiheke Island as part of the 2025 Waiheke Walking Festival.

Backpacks were packed, sunglasses were on, and cameras were at the ready—because what's a trip without a few good snaps?

The group tackled the track, a tough climb soaking in the breathtaking views over Matiatia Bay. We walked to 'Once Upon A Farm' and viewed the organic gardens that supply the restaurant that was our final destination – 'The Oyster Inn'. This was also the home of artist Gabriella Lewenz and as we viewed the art, the Auckland Chamber Quartet practiced for their pending performance at the gardens – what a treat.

After winding their way above Church Bay and through the reserve into the quaint Waiheke township at Oneroa, and successfully making it without losing anyone (though the fluoro jacket certainly made our guides easy to spot!), they wrapped up their adventure the only way you should on Waiheke—with a well-earned glass of wine & oysters, followed by a decadent lunch and a chat with Josh Emett.

It was a stunning day, the weather couldn't have been better, and the big question now is... where to next?



A special wedding day ride in Tilly

Excitement filled the air at Te Awa as Terry and Meryl's granddaughter got ready for her big day in the comfort of their villa.

With final touches complete and a few happy tears shed, it was time to make her way to the wedding in style.

Enter Tilly—their beloved Morrie—polished and gleaming, ready for her moment to shine.

With Terry at the wheel, the bridal party set off, turning heads and making memories along the way. A perfect start to a beautiful day, filled with love, family, and a touch of vintage charm.



Celebrating stories at the Cambridge Autumn Festival

We were proud to host the opening event of the Cambridge Autumn Festival at Arnold House last Friday night!

A huge thank you to Cooney Insurance, in association with the Maurice Trapp Group, for sponsoring the Short Story Competition for the 13th year. Congratulations to winners—Jan Mackenzie, Julie Taylor, and Anne Wilkins!

There are still plenty of events to come at Te Awa Woolshed—find out more at www.cambridgeautumnfestival.co.nz.

Te Awa's new champion

Jillian Reakes has participated in the NZ Women's Seniors Golf Championship for the last 20 years, held at different Clubs all over New Zealand.

At this year's event held at the Invercargill Golf Club she won the N.Z.L.G.U. Seniors Vesta Cup for the lowest score in the qualifying round for the over-seventies. Congratulations Jillian!!



Recipe:

'Pacific Champ' a kiwi twist on an Irish classic



In Ireland mashed potato with lots of butter and some green onion (sometimes garlic) is called champ or colcannon. Below is my own variation. I tried it and gave it a big tick, so thought I would share it with you.

Ingredients:

- 2 large potatoes
- 1 orange kumara, peeled and chopped into chunks
- 100gm butter
- 1 small (165 ml) can of coconut cream
- a small handful of chives, snipped finely with scissors, or the green ends of a couple of spring onions, sliced finely longitudinally and then chopped across finely
- Salt and Pepper

Method: Bring the vegetables to boil in well-salted water until soft and a fork will go in easily. Drain and add the butter and pepper and onion while still hot. Then add the coconut cream and mash thoroughly. If still too dry add a little milk and mash again.

I bet you like it! Malcolm



Important:

New road layout in place from Monday, 31 March

Starting Monday, 31 March, you'll notice a temporary change to the road layout at our entrance. For the next two weeks, a Stop/Go sign or traffic lights will be in place, adding a little extra excitement to your arrival!

Stop/Go will be in place until Thursday, 17 April. After that, the changed entrance for Te Awa will be in use, meaning you'll only be able to turn left from our driveway. To head into town, you'll need to turn left, go around the roundabout, and be on your way.

Please note, dates are subject to change due to weather conditions and/or other issues causing delays. With the road becoming incredibly busy, with lots of vehicles, traffic

calmers, and workers in the area, please remember to *look again, look again—check and recheck before pulling out or into our driveway.*

Remember to watch for cyclists, and if you're walking on the track alongside the road - take extra care.

Your safety is our priority, and we want everyone to stay safe during these changes. We appreciate your cooperation and will keep you updated on any further developments. Safe travels!

Flu season is coming... but you don't have to go down with it!

Flu vaccinations are happening **Wednesday, 9th April**—just in time for those cooler days ahead. Get yours before the flu gets you!

Consent forms are at reception and must be returned by **Monday, 7th April** to secure your spot (and your shot!). Don't miss out!



Check our activities calendar online

Village



Care Centre



Homestead



Book Review



A Kiwi in Pang

Published by WordWyze Publishing, Hamilton, NZ

Printed by YourBooks.co.nz

At the age of 26 in 1966, restless and bored after two-and-a-half years teaching at Fairfield Primary School, Bev Andrews, as she was then, was accepted as one of five new teachers at a school in Pangnirtung on Baffin Island, off the east coast of Canada and 40km. from the Arctic Circle which cuts through the middle of the island. It is a land of mountains, icefields, fjords and glaciers with temperatures barely above 10C. in summer and plummeting to -40C. in winter.

The Inuit people were originally seminomadic hunters, highly dependent on seals for food and skins, but the more permanent Pang settlement was set up by the Hudson Bay company and the Royal Canadian Mounted Police as a trading post.

Bev describes her time teaching English to the Inuit children, enjoying their charm and humour and relates the problems of keeping warm, stocking up with food to last the winter, and the ferocity of the winter storms, when the school would close. She also gives an insight into the lifestyle, and unique crafts of the Inuit people.

Bev relates this extraordinary year in her young adult life with such freshness and enthusiasm that it makes a highly enjoyable read.

Malcolm. PS "Inuit" has replaced the term "Eskimo" across Alaska and the Arctic, although there were originally three large tribal groups.

From our Care Centre



March: A month of fun and engagement

March in the Care Centre was another vibrant and busy month, filled with exciting activities that kept everyone engaged and active. We kicked things off with an inspiring International Women's Day afternoon, followed by a lively ladies' chat in the Main Dining area, which saw fantastic attendance and heartfelt conversations.

Sporting events were a highlight this month, with residents enjoying seated badminton, boccia, and the competitive thrill of Be in it to win it games. The Ball Skills sessions and Music Jam (complete with drums and a dance demonstration) added a rhythmic flair to the month's activities.

St. Patrick's Day brought plenty of mischief and cheer, with residents donning green attire to celebrate in style. The Violette and Yes Marshmallow Pop-up shop was a big hit, offering treats and fun. A standout craft project for March

was the Mason Jar Decoupage, which allowed residents to get creative with beautiful results.

Residents also enjoyed cards, bingo, and the sing-alongs with Jill and Alan, which are always a favourite.

Looking ahead, there's another busy month planned! Malcolm Baigent will be speaking at the Men's Group, and we've got Autumn Festival activities, Hyacinth planting, Easter Cookie Decorating, and Anzac Biscuit Making lined up to keep everyone entertained and engaged.

